

FLEET AND FAMILY SUPPORT CENTER




JULY 2025



Hours of Operation - Monday - Friday 0730-1600

4th Floor NMRTC Corpus Christi

(361) 961-2372

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Job Search/Support Workshop "VIRTUAL" 0900 - 1030	2 Spouse Job/Resume Support Workshop "VIRTUAL" 0900 - 1030	3 AI Resume Building "TEAMS VIRTUAL" 1330 - 1500	4 
7	8 American Job Bank "VIRTUAL" 1000 - 1130 Debt Destroyer Class 1000—1130	9 DANTES "VIRTUAL" 0900 - 1130	10 O*NET A to Z "VIRTUAL" 0900 - 1030 Benefits Delivery at Discharge (BDD) 1000 - 1100 AI Transition Support "TEAMS VIRTUAL" 1330 - 1500	11 USA Jobs FY2025 "VIRTUAL" 0800 - 0930 Life Skills Stress Management "HYBRID" 1000 - 1100
BOOTS 2 BUSINESS 0800—1600				
14 Basic Resume Workshop "VIRTUAL" 0900 - 1030 Advanced Resume Workshop "VIRTUAL" 1300 - 1430	15 Job Search/Support Workshop "VIRTUAL" 0900 - 1030	16 Spouse Job/Resume Support Workshop "VIRTUAL" 0900 - 1030 Ombudsman Assembly Meeting "VIRTUAL" 1700 - 1800 	17 USA Jobs FY2025 Application Workshop "VIRTUAL" 0900 - 1000	18 Stoics & Stress "VIRTUAL" 0800 - 0930 Life Skills Effective Communication "HYBRID" 1000 - 1100
21 SAIL Training 1300 - 1400	22 Basic Resume Workshop "VIRTUAL" 0900 - 1030 Advanced Resume Workshop "VIRTUAL" 1300 - 1430	23 Couples Communication 1300 - 1400	24 EFMP POC Training 1300 - 1400	25 Life Skills Conflict Resolution "HYBRID" 0900 - 1000
FY25 TAP WEEK "SEPARATEE CLASS" 0800—1600				
28	29 FAP 101 1300 - 1400	30	31	
COMMAND FINANCIAL SPECIALIST TRAINING				0800—1600

FLEET & FAMILY SUPPORT CENTER JULY 2025



To register for classes listed go to: <https://forms.gle/ajzLoV8k6i3LDJEH7>

FOLLOW US ON FACEBOOK: "HTTPS://WWW.FACEBOOK.COM/FFSCNASCC" OR SEARCH FFSCNASCC

ADVANCED RESUME WORKSHOP — This one-hour workshop includes organizing resume data and information, exploring the mechanics of structuring and building a resume and understanding the different kinds of resumes and when to use them.

AI RESUME BUILDING — An introduction on using AI platforms (ChatGPT, Gemini, Co-Pilot etc.) to build resumes. Includes an introduction on applying science to include the notion.

AI TRANSITION SUPPORT — A workshop on how to find and use AI to find employment/career transition support services.

BASIC RESUME WORKSHOP - This workshop is for anyone who'd like to have a basic understanding of different types of resumes, how to build a basic resume and choosing the best resume to market oneself for their career.

BENEFITS DELIVERY AT DISCHARGE - This is for service members who will be filing a service-connected disability claim with the VA. Through BDD, your VA Disability Claim is "fast tracked" allowing for adjudication before separation from service. BDD claims can only be submitted between 90-180 days before separation. Appointment only.

BOOTS 2 BUSINESS - This two-day workshop is an entrepreneurial education and training program offered by the Small Business Administration. This course provides an overview of entrepreneurship and applicable business ownership fundamentals. This class is a must if you are wanting to start a business. For registration information email us at: nascctap@us.navy.mil

COMMAND FINANCIAL SPECIALIST TRAINING — This CFS training provides eligible service members with the skills, knowledge and techniques needed to help guide their fellow service members and their families to improve their financial skills and decision making to accomplish their financial goals through financial counseling, education and information & referral. To register contact PFM Kendra at: kendra.t.armstrongmilet.naf@us.navy.mil.

COUPLES COMMUNICATION — This clinician led class helps you communicate openly & honestly with your partner. You'll learn to identify & address issues threatening your relationship. Contact **Kim Kelley (361) 961-1301** for registration details.

DEBT DESTROYER CLASS — Learn proven techniques to overcome your high-interest-rate debt, make the most of your money, and set course for a more secure financial future.

EFMP POC TRAINING - The Command EFMP POC Training prepares the POCs for their new role. At the conclusion of training the POC will be able to meet the needs of the EFM families as well as provide resources. Contact **Michael Graham (361) 961-0688** for registration details.

FAP 101 - This training will provide education on the Family Advocacy Program (FAP) process. Attendees will gain knowledge on FAP reports and reporting options, and the progress of a case from start to finish. This training will satisfy their Command Leadership FAP Training requirements per OPNAVINST 1752.2C. Please contact **Kim Kelley (361) 961-1301** for registration details.

FEEDING YOUR NEWBORN and BABY SUITE — These two classes will return on August 13th.

JOB SEARCH/SUPPORT WORKSHOP — Information on job market trends & career support services. Designed for ADSM's, veterans & their families.

LIFE SKILLS—STRESS MANAGEMENT, EFFECTIVE COMMUNICATION, CONFLICT RESOLUTION & ANGER MANAGEMENT — These education programs are designed to help you and your family increase your resilience and learn competency to confidently manage the Navy lifestyle. LIFE SKILLS CLASSES ARE NOW BEING OFFERED "HYBRID", MEANING IN-PERSON AND TEAMS.

OMBUDSMAN ASSEMBLY MEETING — Ombudsman Virtual Assembly Meeting will be held monthly.

O*NET A to Z - This workshop provides information on one of the most useful and informative job and career support online sites; particular emphasis is given to services available specifically for transitioning active duty service members.

SAIL TRAINING - CAP will provide Sailor Assistance and Intercept for Life (SAIL) training for Sailors to include Suicide Prevention Coordinators (SPCs), Chaplains and Commands. Contact **Kim Kelley (361) 961-1301** for registration details.

SPOUSE JOB/RESUME SUPPORT — Job and Resume support workshop that introduces and discusses major job/career websites, military-spouse employment support services and resume writing information and support.

STOICS AND STRESS — An introduction to Stoic principles and philosophy as they relate to Stress Management. Workshop includes a exercises and modern-day applications of Stoicism.

TRANSITION ASSISTANCE PROGRAM (TAP) - If separating or retiring in next 18-24 months you MUST contact a Command Career Counselor (CCC)/Career Planner to schedule a TAP/TRS class. Contact us at nasccTAP@us.navy.mil for any TAP/TRS related questions. Contact your local CCC or transition officer POC to start the process.

USA JOBS APPLICATION PROCESS — This workshop covering USAJOBS and the importance of using the USAJOBS application template, taking advantage of all the data blocks, as well as understanding the OPM Merit Principles; uploading attachments.

FFSC Counselors are available for Crisis Intervention 24/7. For more information on our counseling services or to make an appointment, please contact Art Corona at 361-961-2875 or in an emergency 361-533-0156.

SAPR 24/7 Services are available through DoD Safe Helpline @ 877-995-5247 and through the VA duty phone 361-438-7778. Virtual training is also available—contact the SARC @ 361-523-3580.

"988" SUICIDE & CRISIS LIFELINE - 988 is a 3-digit dialing code, with direct connection to free, confidential, compassionate, accessible care and support for anyone experiencing mental health related distress. You can also call the current number - 1-800-273-8255